



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 09276, Pitanga, (surinam-cherry), raw

Report Date: June 30, 2017 21:23 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	90.81	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Energy	kcal	33	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1982
Energy	kJ	138	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2014
Protein	g	0.80	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Total lipid (fat)	g	0.40	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Ash	g	0.50	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Carbohydrate, by difference	g	7.49	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1982
Minerals													
Calcium, Ca	mg	9	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Iron, Fe	mg	0.20	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Magnesium, Mg	mg	12	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Phosphorus, P	mg	11	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Potassium, K	mg	103	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Sodium, Na	mg	3	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Vitamins													
Vitamin C, total ascorbic acid	mg	26.3	6	2.947	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Thiamin	mg	0.030	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Riboflavin	mg	0.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Niacin	mg	0.300	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Vitamin A, RAE	µg	75	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2002
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, IU	IU	1500	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Lipids													
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Flavonoids													
Flavones													
Apigenin ¹	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Luteolin ¹	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Flavonols													
Kaempferol ¹	mg	0.4	--	0	0.4	0.4	--	--	--	--	--	--	--
Myricetin ¹	mg	3.4	--	1.15	3.1	3.7	--	--	--	--	--	--	--
Quercetin ¹	mg	5.8	--	1.99	5.5	6.2	--	--	--	--	--	--	--

¹Ribani, H. F., Huber, L. S., and Ridriguez-Amaya, D. B. Flavonols in fresh and processed Brazilian fruits., 2009 J. Food Comp. Anal. 22 pp.263-268